

1. Area and Population
1.3 Distribution of Population and Area by Development
Regions and Districts, 1981,1991 & 2001.

Region/District	Total Population			Area in sq. kms.
	1981	1991	2001	
Nepal	15022839	18491097	23,151,423	147181
East. Dev. Region	3708923	4446749	5,344,476	28456
Taplejung	120780	120053	134,698	3646
Panchthar	153746	175206	202,056	1241
Ilam	178356	229214	282,806	1703
Jhapa	479743	593737	688109*	1606
Morang	534692	674823	843,220	1855
Sunsari	344594	463481	625,633	1257
Dhankuta	129781	146386	166,479	891
Terhathum	92454	102870	113,111	679
Sankhuwasabha	129414	141903	159,203	3480
Bhojpur	192689	198784	203,018	1507
Solukhumbu	88245	97200	107,686	3312
Okhaldhunga	137640	139457	156,702	1074
Khotang	212571	215965	231,385	1591
Udayapur	159805	221256	287,689	2063
Saptari	379055	465668	570,282	1363
Siraha	375358	460746	572399*	1188

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Cent. Dev. Region	4909357	6183955	8,031,629	27410
Dhanusha	432569	543672	671,364	1180
Mahottari	361054	440146	553,481	1002
Sarlahi	398766	492798	635,701	1259
Sindhuli	183705	223900	279821*	2491
Ramechhap	161445	188064	212,408	1546
Dolakha	150576	173236	204229*	2191
Sindhupalchok	232326	261025	305857*	2542
Kavrepalanchok	307150	324329	385,672	1396
Lalitpur	184341	257086	337,785	385
Bhaktapur	159767	172952	225,461	119
Kathmandu	422237	675341	1,081,845	395
Nuwakot	202976	245260	288,478	1121
Rasuwa	30241	36744	44,731	1544
Dhading	243401	278068	338,658	1926
Makwanpur	243411	314599	392,604	2426
Rautahat	332526	414005	545,132	1126
Bara	318957	415718	559,135	1190

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Parsa	284338	372524	497,219	1353
Chitawan	259571	354488	472,048	2218
West. Dev. Region	3128859	3770678	4,571,013	29398
Gorkha	231294	252524	288,134	3610
Lamjung	152720	153697	177,149	1692
Tanahu	223438	268073	315,237	1546
Syangja	271824	293526	317,320	1164
Kaski	221272	292945	380,527	2017
Manang	7021	5363	9,587	2246
Mustang	12930	14292	14,981	3573
Myagdi	96904	100552	114,447	2297
Parbat	128400	143547	157,826	494
Baglung	215228	232486	268,937	1784
Gulmi	238113	266331	296,654	1149
Palpa	214442	236313	268,558	1373
Nawalparasi	308828	436217	562,870	2162
Rupandehi	379096	522150	708,419	1360
Kapilbastu	270045	371778	481,976	1738

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Arghakhanchi	157304	180884	208,391	1193
Mid. West. Dev. Region	1955611	2410414	3,012,975	42378
Pyuthan	157669	175469	212,484	1309
Rolpa	168116	179621	210,004	1879
Rukhum	132432	155554	188,438	2877
Salyan	152063	181785	213500*	1462
Dang	266393	354413	462,380	2955
Banke	205323	285604	385,840	2337
Bardiya	199044	290313	382,649	2025
Surkhet	166196	225768	288527*	2451
Dailekh	166527	187400	225,201	1502
Jajarkot	99312	113958	134,868	2230
Dolpa	22043	25013	29545*	7889
Jumla	68797	75964	89427*	2531
Kalikot	87638	88805	105580*	1741
Mugu	43705	36364	43937*	3535
Humla	20303	34383	40,595	5655

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Far. West. Dev. Region	1320089	1679301	2,191,330	19539
Bajura	74649	92010	108781*	2188
Bajhang	124010	139092	167,026	3422
Achham	185212	198188	231,285	1680
Doti	153135	167168	207,066	2025
Kailali	257905	417891	616,697	3235
Kanchanpur	168971	257906	377,899	1610
Dadeldhura	86853	104647	126,162	1538
Baitadi	179136	200716	234,418	1519
Darchula	90218	101683	121,996	2322

Note:- (Population Census 2001)

1. Districts with * symbol includes population, independent estimates or received from household listing of those 22,736,934.

Source: Population census 1981, 1991 & 2001; Central Bureau of Statistics.