

1.Area and Population

1.15 Population Projection by Sex of Districts, 2001 - 2021 (Medium Variant)

Districts	2001			2006			2011			2016			2021		
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
Taplejung	134698	66205	68493	146810	72637	74173	158743	78989	79754	171145	85655	85490	184527	92875	91652
Panchthar	202056	99042	103014	221594	109418	112176	240818	119671	121147	260647	130365	130282	281801	141834	139967
Ilam	282806	142434	140372	314910	158661	156248	346492	174496	171997	378624	190629	187996	412122	207426	204696
Jhapa	688109	341675	346434	755494	376624	378870	821778	410945	410833	890060	446553	443507	962768	484572	478196
Morang	843220	422895	420325	941614	472916	468698	1038457	521870	516587	1136796	571747	565049	1238944	623575	615369
Sunsari	625633	315530	310103	710842	358514	352328	795096	400691	394405	879941	443183	436758	966428	486415	480014
Dhankuta	166479	81841	84638	182004	90062	91942	197287	98177	99110	213108	106661	106446	230082	115803	114279
Terhathum	113111	54932	58179	122720	60186	62534	132203	65406	66797	142124	70930	71193	152928	76970	75957
Sankhuwasabha	159203	77853	81350	173516	85530	87986	187617	93128	94489	202273	101112	101160	218088	109766	108322
Bhojpur	203018	97762	105256	216614	105580	111034	230201	113434	116767	244892	121981	122910	261566	131649	129917
Solukhumbu	107686	53173	54513	117035	58103	58932	126254	62963	63290	135873	68077	67796	146311	73640	72671
Okhaldhunga	156702	75361	81341	170847	83194	87653	184785	90999	93786	199264	99225	100039	214879	108151	106728
Khotang	231385	112821	118564	249575	122757	126817	267580	132634	134946	286601	143168	143433	307587	154812	152775
Udayapur	287689	143756	143933	324139	162351	161788	360087	180631	179456	396411	199192	197218	433751	218312	215439
Saptari	570282	291409	278873	633966	322923	311042	696595	353395	343199	760388	384257	376131	827040	416259	410781
Siraha	572399	293933	278466	638375	326388	311987	703283	357693	345590	769247	389234	380013	837872	421711	416161
Dhanusa	671364	349422	321942	747402	385979	361423	822061	420893	401167	897953	455868	442084	977073	491772	485301
Mahottari	553481	287905	265576	618694	319371	299323	682769	349472	333297	747724	379543	368182	815088	410243	404845
Sarlahi	635701	329182	306519	714693	367647	347046	792409	404629	387781	870940	441548	429391	951832	479068	472764
Sindhuli	279821	139280	140541	312346	155944	156403	344305	172315	171990	376733	189071	187662	410429	206574	203855
Ramechhap	212408	100853	111555	231730	111770	119960	250729	122696	128034	270430	134240	136190	291651	146791	144860
Dolakha	204229	99963	104266	224982	110940	114042	245356	121795	123561	266251	133086	133165	288377	145143	143233
Sindhupalchok	305857	152012	153845	336478	167805	168673	366538	183307	183230	397407	199374	198033	430167	216508	213659
Kavre	385672	188947	196725	425694	210054	215639	464983	230920	234062	505200	252579	252620	547656	275642	272015
Lalitpur	337785	172455	165330	381327	194052	187275	424219	215037	209182	467477	236118	231358	511838	257614	254224
Bhaktapur	225461	114798	110663	254074	129030	125043	282245	142873	139372	310679	156812	153867	339894	171073	168822
Kathmandu	1081845	576010	505835	1276754	671096	605658	1472707	763284	709423	1668936	852659	816276	1863768	938056	925712

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Nuwakot	288478	142731	145747	317630	157877	159753	346249	172779	173470	375612	188234	187378	406731	204712	202019
Rasuwa	44731	23355	21376	49637	25697	23940	54453	27926	26526	59359	30161	29198	64497	32462	32035
Dhading	338658	165864	172794	375823	185405	190418	412317	204735	207581	449501	224716	224785	488445	245840	242605
Makwanpur	392604	199144	193460	438101	221849	216252	482798	243921	238877	528160	266323	261837	575311	289561	285751
Rautahat	545132	282246	262886	615706	316695	299011	685231	349876	335355	755332	382924	372408	827182	416330	410852
Bara	559135	289397	269738	634542	326298	308245	708947	361920	347026	783827	397334	386493	860211	432954	427257
Parsa	497219	260411	236808	563311	292319	270993	628481	322851	305630	694109	352985	341124	761163	383102	378061
Chitawan	472048	235084	236964	534497	266960	267536	596082	298400	297681	658114	330330	327784	721541	363160	358381
Gorkha	288134	134407	153727	315168	150044	165124	341771	165830	175941	369282	182552	186731	398775	200708	198067
Lamjung	177149	83406	93743	194212	93072	101139	210996	102806	108189	228307	113087	115220	246789	124212	122577
Tanaha	315237	146788	168449	347165	165068	182097	378559	183533	195026	410785	202991	207793	444932	223939	220993
Syangja	317320	143619	173701	342883	159817	183065	368152	176281	191871	394750	193931	200818	423981	213395	210586
Kaski	380527	184995	195532	428555	210190	218364	475905	235364	240541	523745	261298	262447	572945	288370	284575
Manang	9587	5034	4553	11593	6026	5567	13643	7015	6628	15705	7990	7715	17735	8926	8809
Mustang	14981	8180	6801	16076	8617	7459	17163	9017	8146	18323	9428	8895	19617	9874	9744
Myagdi	114447	53178	61269	125115	59399	65716	135613	65686	69928	146478	72350	74128	158138	79592	78545
Parbat	157826	72942	84884	171194	80968	90225	184382	89095	95287	198178	97777	100401	213212	107312	105900
Baglung	268937	123528	145409	295080	138957	156123	320796	154590	166206	347295	171128	176166	375549	189018	186531
Gulmi	296654	133771	162883	322724	150037	172687	348418	166568	181850	375179	184182	190997	404170	203424	200747
Palpa	268558	125068	143490	293489	139559	153930	318028	154195	163833	343433	169714	173719	370712	186584	184128
Nawalparasi	562870	278257	284613	632969	314295	318674	702048	350017	352031	771894	386628	385265	843837	424713	419124
Rupandehi	708419	360773	347646	805662	409053	396609	901818	456337	445481	998594	503900	494695	1097136	552201	544935
Kapilbastu	481976	247875	234101	542579	277544	265035	602309	306323	295986	662672	335248	327424	724764	364782	359982
Arghakhanchi	208391	96349	112042	228438	108073	120365	248159	119933	128226	268502	132483	136018	290226	146074	144152
Pyuthan	212484	98390	114094	235690	111471	124219	258416	125082	133334	281821	139182	142638	306268	154148	152120
Rolpa	210004	101592	108412	231096	112787	118308	249295	123108	126187	273197	136224	136973	295849	148904	146945
Rukum	188438	95432	93006	209025	105546	103479	228121	115203	112918	249990	126041	123949	271675	136737	134938

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	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
Salyan	213500	106834	106666	235179	117685	117494	254086	127546	126541	278446	139965	138480	301664	151831	149833
Dang	462380	228958	233422	521528	258942	262587	583036	291162	291874	638934	320347	318586	699532	352082	347449
Banke	385840	198231	187609	438608	223903	214705	495943	252302	243641	543486	275037	268448	597096	300526	296571
Bardiya	382649	192655	189994	432587	217469	215118	485224	244320	240905	531742	267699	264043	582764	293312	289452
Surkhet	288527	142817	145710	323930	160788	163142	359714	179604	180110	394201	197626	196575	430699	216776	213923
Dilekh	225201	110125	115076	249358	122666	126692	271416	134722	136694	297438	148684	148754	322985	162562	160423
Jajarkot	134868	68508	66360	148818	75316	73502	161187	81525	79662	176639	89127	87512	191514	96391	95123
Dolpa	29545	14735	14810	32587	16266	16321	35272	17677	17596	38654	19414	19240	41901	21089	20812
Jumla	89427	45848	43579	98558	50232	48326	106567	54155	52412	116783	59067	57716	126549	63694	62856
Kalikot	105580	53189	52391	116621	58654	57967	126500	63714	62786	138627	69801	68827	150370	75683	74687
Mugu	43937	22250	21687	48709	24594	24115	53114	26822	26292	58205	29346	28860	63238	31828	31410
Humla	40595	20962	19633	44769	22943	21827	48454	24715	23739	53099	26907	26192	57556	28969	28587
Bajura	108781	53834	54947	119899	59605	60293	130738	65247	65491	141878	71107	70771	155384	78206	77177
Bajhang	167026	80676	86350	184742	90218	94524	202022	99655	102367	219723	109494	110229	240641	121117	119524
Achham	231285	108998	122287	254166	121937	132229	276483	134840	141643	299490	148427	151063	328005	165089	162916
Doti	207066	103521	103545	230644	115531	115112	253659	127229	126429	277100	139223	137877	303476	152743	150733
Kailali	616697	312311	304386	714485	361370	353115	811383	409607	401776	908605	457988	450617	995084	500837	494247
Kanchanpur	377899	191910	185989	437125	221552	215573	495762	250626	245136	554607	279752	274855	607393	305708	301685
Dadeldhura	126162	60965	65197	139669	68228	71440	152844	75412	77432	166329	82895	83434	182164	91685	90479
Baitadi	234418	113538	120880	257659	126078	131581	280322	138458	141863	303681	151428	152253	332592	167397	165194
Darchaula	121996	59791	62205	134910	66589	68321	147505	73270	74235	160408	80208	80201	175679	88421	87257

Source:- CBS.